



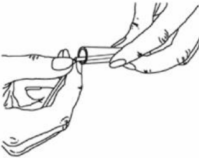





Instructions for use of Lifecode Gx Buccal Swabs

Your box should contain: a sealed swab, a sealed stabilisation capsule, instructions and consent form.

<p>Take your DNA sample at least 1 hour after eating, drinking or cleaning your teeth. For best results, rinse mouth with water immediately prior to sampling.</p>	
<p>1</p> 	<p>Pull open the package from one end.</p>
<p>2</p> 	<p>Remove the swab from the tube, taking care not to touch the white swab head with your fingers.</p>
<p>3</p> 	<p>Insert the swab into your mouth and rub firmly against the inside of your cheek or underneath lower and upper lip. Rub for 1 minute. Important – use reasonable, firm and solid pressure.</p>
<p>4</p> 	<p>Place the swab back into the tube. Do not touch the swab head with your fingers.</p>
<p>5</p> 	<p>Place your thumbnail in the small groove set in the handle, then snap the handle in two by bending to one side. Let the swab head fall into the tube.</p>
<p>6</p> 	<p>Unwrap the stabilising capsule and place the whole capsule into the tube. Please do not empty out the contents of the capsule.</p>
<p>7</p> 	<p>Seal the tube securely with the cap provided.</p>
<p>8</p> 	<p>Place the tube in the supplied envelope and post it back to us with the completed consent form on the reverse of these instructions. Please ensure you have signed the consent form.</p>

Please contact us at team@lifecodegx.com if you have any questions.